



RHEY News & Tools: *Trauma-Informed Care in Youth-Serving Organizations*

Winter/Spring 2013

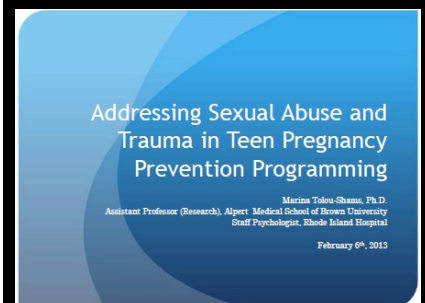
Dear Colleagues,

The youth you seek to reach, serve, and retain in teen pregnancy prevention programs are shaped by the communities where they live, learn, work, and play. Accommodating their needs in ways that make them feel valued and safe and therefore receptive to prevention programming means understanding that exposure to trauma may be part of life for many of them. This issue of *RHEY News & Tools* provides resources that help increase understanding of trauma and its effects on teens and enhance your ability to work with community and clinical partners to include trauma-informed care in your pregnancy prevention programs.

In choosing resources for this issue, we view trauma in a broad socioecological context that includes personal trauma such as physical and sexual abuse, community-level trauma such as neighborhood violence and poverty, and societal level trauma such as the experience of institutionalized racism and sexism, and persistent inequalities in income and opportunity.

Join Our Mailing List!

Check out our most recent webinar and other trauma resources at our new website!



IN THIS ISSUE

Featured Tools

Trauma-Informed Care for Children Exposed to Violence: Tips for Pregnancy Prevention Programs

As [one resource](#) in this e-newsletter notes, "Pregnancy prevention programs can be great allies for adolescents who have been exposed to violence and other traumatic events." The resources in this issue provide guidance and suggestions for building trauma-informed adolescent reproductive health services that include a safe and welcoming environment, organizational protocols that provide clear guidelines for addressing trauma-related issues; responding appropriately to disclosures and minimizing loss of trust when abuse must be reported; and building strong referral networks. Other resources provide guidance for delivering culturally sensitive trauma-informed care that recognizes that there are cultural differences in the perception of and response to trauma. We also provide links to resources for teens designed to engage and empower them around issues of sexual health, online safety, and healthy relationships.

Other excellent resources on trauma and trauma-informed care can be found on our new [RHEY website](#), including a recording of our recent webinar "Addressing Sexual Abuse and Trauma in Teen Pregnancy Prevention Programming". Please visit soon!

In the spirit of collaboration,

Myriam Hernandez Jennings
JSI Research & Training Institute, Inc.

Featured Tools

[Trauma-Informed Care for Children Exposed to Violence: Tips for Pregnancy Prevention Programs](#)

Safe Start Center, Office of Juvenile Justice and Delinquency Programs

This tip sheet describes specific strategies and steps teen pregnancy prevention programs can take to build their capacity to provide trauma-informed services, helping to prevent and reduce the impact of exposure to violence on their teen clients.

[Creating Trauma-Informed Services - A Guide for Sexual Assault Programs and Their Systems Partners](#)

Featured Articles

[Healing the Hurt: Trauma-Informed Approaches to the Health of Boys and Young Men of Color](#)

[Teen Birth Rates in Sexually Abused and Neglected Families](#)

Featured Websites

[Child Welfare Information Gateway](#)

[National Child Traumatic Stress Network](#)

Tools for Teens

www.sexetc.org

www.thatsnotcool.com

www.loveisrespect.org

[Love Doesn't Have to Hurt Teens](#)

Also of Interest

[Culturally Sensitive Trauma-Informed Care](#)

Featured Websites

[Child Welfare Information Gateway](#)

*U.S. Department of Health and Human Services,
Administration for Children and Families*



This website's interactive platform allows users to search for both state-specific and topic-specific statutes. Broad topics covered range from Child Abuse and Neglect to Adoption.

[National Child Traumatic Stress Network](#)

www.nctsn.org

This website's comprehensive section on types of trauma includes links to other sections where you can easily locate a wealth of additional resources organized by audience, including many that are focused on diverse adolescents.

[Creating Trauma-Informed Services - A Guide for Sexual Assault Programs and Their System Partners](#)

Washington Coalition of Sexual Assault Programs

This brief guide is full of helpful and insightful information and principles for developing trauma-informed services in many programs, including those serving teens.

Featured Articles

[Healing the Hurt: Trauma-Informed Approaches to the Health of Boys and Young Men of Color](#)

Drexel University Schools of Public Health and Medicine

This report describes trauma as a social determinant of health affecting the entire life course, and identifies promising trauma-informed approaches to addressing the health needs of Latino and African American boys and young men.



"...trauma-



***informed
services are
good for every
client, not just
those who
have been
traumatized."***

*Creating Trauma-Informed
Services, Washington Coalition
of Sexual Assault Programs*

Also of Interest

[Culturally Sensitive Trauma-Informed Care](#)

*Center for Pediatric Traumatic
Stress, The Children's Hospital
of Philadelphia*

This concise resource provides clear and thoughtful guidance for understanding cultural differences in the perception and interpretation of a trauma event and for providing trauma-informed care that acknowledges, respects, and integrates clients' and families' cultural values, beliefs, and practices.

[Teen Birth Rates in Sexually Abused and Neglected Families](#)

*Journal of the American Academy of Pediatrics. Volume 131, Number 4,
March 2013*

The conclusions of this study provide evidence that sexual abuse and neglect are unique predictors of subsequent teen childbirth. Additionally, it points to the promise of partnerships between service providers and teen childbirth prevention strategists in reducing the US teen birth rate.

Tools for Teens

www.sexetc.org

Answer, Rutgers University

This interactive website, produced by teens for teens, covers "hot topics" in sexual health including relationships, body development, abuse and violence, birth control, LGBTQ issues and more.

www.thatnotcool.com

Futures without Violence, Dept. of Justice, The Advertising Council

That's Not Cool provides tools to help teens "draw a digital line" to deal with harassment, pressure and controlling behaviors by friends and significant others through texting and online.

www.loveisrespect.org

Break the Cycle, National Dating Abuse Helpline

This website aims to engage, educate and empower youth and young adults to prevent and end abusive relationships.

Love Doesn't Have to Hurt Teens

American Psychological Association

This booklet helps teens to recognize, prevent and get help in dealing with violence in dating and other peer relationships.



"A guiding principle for trauma-informed services is that 'healing happens in relationships.'"

Creating Trauma-Informed Services, Washington Coalition of Sexual Assault Programs



JSI Research & Training Institute, Inc. We welcome your feedback at RHEY@jsi.com

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